

Rules for Chef's Table Studio Granny's Kitchen Contest

This recipe contest is open to non-professional home chefs who are residents of Chennai.

Both men and women above the age of 18 are welcome to join.

The criteria are below:

Last date to submit your recipe is 10th October

All you need to do is create send us a clear recipe for just one main course – vegetarian or non-vegetarian – of your choice. Plate Presentation including accompaniments.

1. Your recipe has to be a traditional Indian Cuisine, using local ingredients. Family recipes are welcome.
2. The single recipe card should have proper accompaniments – either roti, dosa, rice or any other special bread or rice that would enhance the flavours of your chosen main course.
3. The recipe itself must be planned for four (4) people.
4. Chefs Table Studio will have right to use the recipes and photographs to post them on their website / social media or in any way they deem

Ingredients: numbered and in spoons and cups format.

The recipe must be uploaded on the link on www.chefstablestudio.com/specialevents.

The photo along with the recipe will be uploaded on the Instagram page of Chef's Table Studio i.e chefstable_studio, and the participant will be tagged. There are additional 5 points for likes this year. (it may take about 24 hours for the post to appear on the Instagram page chefstable_studio

5. Each participant will be permitted one entry only.
6. Your recipe must be accompanied by 2 photographs:

One top angle

One of you holding your dish

7. All entries MUST be in by the last date, or face rejection.
8. Chef's Table Studio has the right to accept or reject recipes based on their discretion
9. Chef's Table Studio will inform contestants via email and / or mobile.
10. There is no money involved. Nothing can be encashed. The winners will receive certificates and Gift Hampers.
11. These gift hampers are non-transferrable.
12. One gift hamper for maximum Instagram likes winner
13. Judges / jury may call a top finalists contestant - with a prior appointment - in case of any doubt in the recipe, so please provide your correct number.
14. This contest is for Chennai residents only.

The jury's decision is final. No questions will be entertained

Judging criteria...Competition Chefs Table Studio, 2021

Presentation (appearance of the plating/dish)	25	
Portion size (and ease of service)	10	
Innovation /creativity (twist in the preparation without Compromising on authenticity of the dish)	20	
Cooking time / choice of ingredients-ease of cooking- time required		
Number of ingredients used, ease of getting ingredients (local ingredients)	15	
Nutritional value (of the complete plate)	10	
Recipe card (only main course) Menu planning (full course)		10
Photography credit (only mobile camera to be used)	10	
Additional 5 points for Instagram likes,		
025-100 likes	1point	
100-200 likes	2points	
200-300 likes	3points	
300-500 likes	4points	
500 and above	5points	
Total Points	105	